

# SUFFOLK TRACK OFFICIALS

## Holiday Track Classic

Dear Coach:

The Suffolk Track Officials, in conjunction with Mt. Sinai High School, and sponsored by the Sayville Running Co. would like to invite your boys' team to attend the 15<sup>th</sup> annual Holiday Track Classic at Mt. Sinai High School on Saturday, April 11, 2009 at 9:30 A.M. This is a wonderful opportunity for your athletes to participate in an early season competition. Competitor ribbons will be available on request. In addition, medals and **clocks** will be awarded to the top performers of the meet. This year the meet will begin at 9:30A.M.

We will have 30-40 New York State certified track and field officials coordinating the events. We anticipate that the meet will last about 4 to 5 hours. Plan to arrive early to pick up additional information at the site.

**DATE: SATURDAY, APRIL 11, 2009**

**TIME: 9:30 A.M.**

**SITE: MT. SINAI HIGH SCHOOL-directions are on the entry blank page**

**FEE: \$175.00 blanket entry. This entitles a team to unlimited entries.**

**\$25.00 per relay**

**\$10.00 per athlete/per individual event**

**ENTRY DEADLINE: WEDNESDAY, APRIL 8, 2009**

### **MEET INFORMATION:**

1. Sanctioned for all of New York State including the PSAL and CHSAA
2. Fast all-weather track with 6 lanes. Pin spikes at 1/8 length or pins.
3. National Federation rules, with modifications, will govern.
4. No more than 2 events per athlete, **including William Shelley Invitational 4 x 400**
5. All relay and field event cards will be provided for you when you arrive at the meet.
6. Verbal seed times will be used in the individual running events.
7. All events, except the 100M, will be run in sections with final placement based on Time.
8. Each section will include runners of the same ability.
9. Batons will be available
10. Seeded sections will run first, in the 400 intermediate hurdle race there will be a limited # of Competitors.
11. There is no team scoring.
12. All relay cards will be submitted to the clerk when called. **Except William Shelley Invitational 4 x 400 relay.**
13. **William Shelley Invitational 4 x 400** relay entry cards are due **April 8th**
14. Cards for the field events will be provided at the site of the event
15. The meet is for boys only.
16. The first running event will begin at 10:00 A.M. sharp and field events at 9:30 A.M.

Dear Coach:

Thank you for sending in your entry to the Suffolk Officials Holiday Track Classic on Sat.4/11/2009 at 9:30AM at Mt. Sinai HS, sponsored by Sayville Running Co. I am sending this form so that we can have a packet available prior to the beginning of the meet for your team. Email to [Buzzcece@yahoo.com](mailto:Buzzcece@yahoo.com) . Snail mail to: Suffolk Track Officials, 3 Corky Ct. Blue Pt. NY 11715 or hand form in at the reception table and our officials will prepare your packet on the day of the meet.

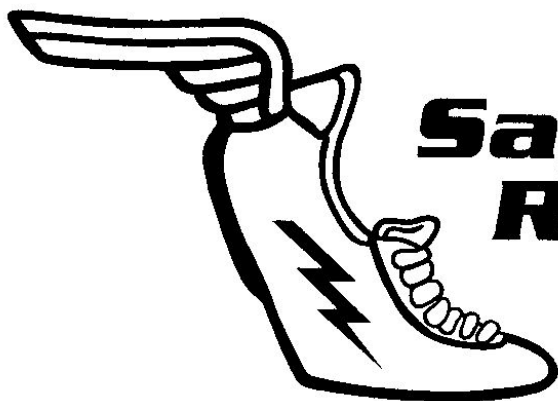
**NUMBER OF ATHLETES COMPETING IN THE MEET** \_\_\_\_\_  
( Ribbons available on request)

**NUMBER OF RUNNERS IN INDIVIDUAL RUNNING EVENTS** \_\_\_\_\_  
(For tags for the Shirt- you only need tags for those runners who you think will place or advance to a final)

**NUMBER OF RELAYS** \_\_\_\_\_  
(For relay cards)

**NUMBER OF ATHLETES COMPETING IN FIELD EVENTS** \_\_\_\_\_  
( Athletes who compete in more then one field event will need a card for each event)

**If you have pole-vaulters, you must bring the pole vault certification forms with you. Pole-vaulters will not be allowed to compete without these forms**



**Sayville  
Running  
Company**

55 Main St.  
West Sayville, NY  
11796  
631 589-5700  
[www.sayvillerunning.com](http://www.sayvillerunning.com)

## AWARDS:

Specially designed **clocks** with the Holiday Track Classic logo for all Open Champions including relays

Medals to the top 5 in all Open Events including relays

Medals to the top 5 in all Frosh-Soph events

Ribbons available on request

## ORDER OF EVENTS: 9:30 AM Clerking and Field Events Running 10:00 AM

Open 400 Intermediate Hurdles

Frosh 1500M-Final

Soph 1500M-Final

Open 110 High Hurdles Final

Frosh 100M- Trials

Soph 100M-Trials

Open 100M-Trials

Frosh 400M-Final

Soph 400M-Final

Open 400M- Final

Frosh 100M-Semi

Soph 100M-Semi

Open 100M-Semi

Frosh 800M-Final

Soph 800M-Final

Open 800M-Final

Frosh 100M-Final

Soph-100M-Final

Open 100M-Final

Open 1500M-Final

### **Seeded William Shelley Invitational 4x400-Final**

Open Sprint Medley Relay-Final (200-100-100-400)

Novice 2000M Steeplechase-Final ( 1 section)

Open 3000M Steeplechase-Final ( 1 section)

Open Distance Medley Relay-Final (1200-400-800-1600)

Open 4 x 400M Relay-Final

Open Long Jump

Frosh-Soph Long Jump

Open Shot Put

( Top 12 to 18 seeded first)

Frosh-Soph Shot Put

Open High Jump

(Opening Height- 5')

Open Pole Vault

(Opening Height- 12'seeded first)

Novice opening 9'

Open Discus (novice begin first)

(Top 12 to 18 seeded after Shot Put )

The Games Committee and Meet Directors reserve the right to make changes as necessary at any time before or during the meet

We hope that our 15<sup>th</sup> Annual Holiday Track Classic will be a part of a Successful and enjoyable track season for you and your team. If you have Any questions, feel free to call Charlie Millioen at 631 363-6617 or John Harbulak at 516 826-8726 between 7PM and 9PM.

E-mail at [Buzzcece@yahoo.com](mailto:Buzzcece@yahoo.com) or John at [Jharby@optonline.net](mailto:Jharby@optonline.net)

Sincerely,  
Charlie Millioen  
John Harbulak  
Arnie Sinensky  
Meet Directors, Games Committee

ENTRY BLANK

Please enter the appropriate number in each category. All entries will be Declared the day of the meet. If you are entering more that \$175.00 Worth of entries check off team blanket entry.

Individual entries per athlete/per event \_\_\_\_\_x \$10.00 = \_\_\_\_\_

Relay teams \_\_\_\_\_x \$25.00 = \_\_\_\_\_

Team Blanket Entry \_\_\_\_\_\$175.00

Maximum entry fee is \$175.00. Make checks payable to:

**SUFFOLK TRACK OFFICIALS.** Please send a check/voucher with entry or hand us one at the meet, teams will be notified when entry has been received, by email

Send all entries to: Suffolk Track Officials  
3 Corky Court  
Blue Point, NY 11715  
Email- [Buzzcece@yahoo.com](mailto:Buzzcece@yahoo.com)

School Name \_\_\_\_\_

School Address \_\_\_\_\_

School Tele. \_\_\_\_\_ School Email \_\_\_\_\_

Coach's Name \_\_\_\_\_ E-mail \_\_\_\_\_

Home Tele. \_\_\_\_\_ Cell Tele. \_\_\_\_\_

Directions: All roads to the LIE Exit 63. This is County Road 83. Go north On this road until you reach Route 25A. You will see signs for Mt. Sinai. Turn left on Route 25A and proceed a few hundred meters to the opening Of the Mt. Sinai School District complex on your right. Go in and to the Back of the complex. The track is located here.

# Fourth Annual

WILLIAM SHELLEY INVITATIONAL  
4 x 400m relay race

Top-seeded 18 teams Only

Awards:

3<sup>rd</sup> PLACE TEAM – Medals

2<sup>ND</sup> PLACE TEAM – Medals

1<sup>ST</sup> PLACE TEAM – Gold Medals and Clocks

Annual Plaque to be awarded and displayed at winning school with team and time.

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## SEEDED RELAY CARD

School: \_\_\_\_\_

### Competitors and Times

1. \_\_\_\_\_ 4. \_\_\_\_\_

2. \_\_\_\_\_ 5. \_\_\_\_\_

3. \_\_\_\_\_ 6. \_\_\_\_\_

Total Seeded Time: \_\_\_\_\_

**All applications for seeded event due by April 8<sup>th</sup>, 2009**

Coaches will be notified by email or phone of relay teams acceptance for Seeded Event by April 10<sup>th</sup>, 2009

	Time
2005 Champion Relay Team Bellport HS	3:30
2006 Champion Relay Team John Glenn HS	
2007 Champion Relay Team Brentwood HS	3:26.2