

BELLPORT JUNIOR / SENIOR MEET

Saturday - May 14, 2011
(Rain Date) Sunday - May 15, 2011

Time: Clerking begins at 9:00 AM, first event 9:15 AM

Seeding: 3 x5 Index Card

Name
Number
Event
School
Seed

(NO FINALS IN ANY EVENT**)**

(PLEASE ADHERE TO ALL MINIMUM REQUIREMENTS, THOSE NOT MAKING THE MINIMUM REQUIREMENT ON THE FIRST ATTEMPT WILL BE DISQUALIFIED**)**

Awards: Medals to the top 3 in each event.

Spikes: 1/4 inch spikes and smaller

Entries: All Entries are due by Tuesday, May 10, 2011

Concession Stand will be open and T-Shirts will be sold.

Any additional questions E-mail Coach Gino Cruz or Coach Beth Zebuth

Coach Cruz: dualgs@optonline.net

Coach Zebuth: heptgold@optonline.net

or call Coach Cruz (631)839-5658 (cell) Coach Zebuth (516)639-8785 (cell)

BELLPORT JUNIOR / SENIOR MEET

Saturday - May 14, 2011
(Rain Date) Sunday - May 15, 2011

Location: Bellport High School
 205 Beaver Dam Rd.
 Brookhaven, NY 11719

E-mail Coach Gino Cruz or Coach Beth Zebuth if you plan on competing
 Coach Cruz: dualgs@optonline.net
 Coach Zebuth: heptgold@optonline.net
 or call Coach Cruz (631)839-5658 (cell) Coach Zebuth (516)639-8785 (cell)

Time: 9:00 AM -
Clerking: 9:00 AM

School: _____ **School Phone:** _____

Address: _____

Coach: _____ **Home/Cell Phone:** _____

<u>Events</u>	<u># of participants</u>	<u>Events</u>	<u># of relays/participants</u>
1600m Run	Boys _____		
1500m Run	Girls _____		
400m Hurdles	Boys _____		
	Girls _____	4 x 400	Boys _____
100m Dash	Boys _____		Girls _____
	Girls _____	4x 800	Boys _____
100 High Hurdles	Boys _____		Girls _____
	Girls _____	4 x 100	Boys _____
800m Run	Boys _____		Girls _____
	Girls _____	Shot Put	Boys _____
400m Dash	Boys _____		Girls _____
	Girls _____	Discus	Boys _____
1500m Walk	Girls _____		Girls _____
		Triple Jump	Boys _____ (opens at 35')
200 m Dash	Boys _____		Girls _____ (opens at 28')
	Girls _____	Long Jump	Boys _____ (opens at 16')
3000m Steeplechase	Boys _____		Girls _____ (opens at 13')
2000m Steeplechase	Girls _____	Pole Vault	Boys _____ (opening height 9')
3200m Run	Boys _____		Girls _____ (opening height 7'6")
3000m Run	Girls _____	High Jump	Boys _____ (opening height 5')
			Girls _____ (opening height 4'6")
100m Mascot Race	_____		

Number of Individuals: _____ x \$7.00 = _____

Number of relays: _____ x \$22.00 = _____

Blanket Entry (if less)
 Boys \$225.00 = _____
 Girls \$225.00 = _____

TOTAL _____

Checks payable to: Bellport Girls Track & Field

Mail payment and form to: Bellport Girls Track & Field
 C/O Gino Cruz
 PO Box 517
 Bellport, NY 11713

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ORDER OF EVENTS

(Begin 9:15 AM)

Girls 400 m Hurdles
Boys 400 m Hurdles
Girls 1500m Run
Boys 1600m Run
Girls 100 High Hurdles
Boys 100 High Hurdles
Girls 2000m Steeplechase
Boys 2000m Steeplechase
Girls 100 m Dash
Boys 100 m Dash
Girls 800m Run
Boys 800m Run
Girls 400m Dash
Boys 400m Dash
Girls 3000 m Run
Boys 3200 m Run
Girls 200 m Dash
Boys 200 m Dash
Girls 1500m Walk
100 m Mascot Race
Girls 4 x 100
Boys 4 x 100
Girls 4 x 400
Boys 4 x 400
Girls 4x 800
Boys 4x 800

FIELD EVENTS

(Begin 9:15 AM)

Boys Shot Put
Girls Shot Put
Boys Discus
Girls Discus
Boys Long Jump (opens at 16')
Girls Long Jump (opens at 13')
Boys Triple Jump (opens at 35')
Girls Triple Jump (opens at 28')
Boys High Jump (opening height 5')
Girls High Jump (opening height 4'6")
Boys Pole Vault (opening height 9')
Girls Pole Vault (opening height 7'6")