

**2012 New York State Winter Track & Field Championships
Cornell University
March 3, 2012**

Dear Athlete and Parent:

Congratulations on qualifying for the 2012 New York State Winter Track & Field Championships. You should be extremely proud of this accomplishment. The meet is being held at Cornell University, Ithaca, New York. Transportation and lodging will be provided by Section XI. Athletes must use the transportation provided by Section XI. The only exception to this will be a contestant who may return with his/her parents if the request is made in writing by the parents prior to the athlete's departure from Suffolk County to the sectional chairman.

Athletes will not be allowed on the bus without the enclosed "Code of Conduct" and "Travel Permission Slip" filled out and presented to the supervisor at the bus departure site. Any violation of Section XI regulations will result in the athlete being disqualified from the meet and the athlete being sent home at the parents expense.

Athletes will be given a meal allowance. Athletes should bring additional money. Athletes must bring their school issued shorts, running shirt and sweats. Only ¼ inch spikes are permitted on Cornell's Indoor Track.

The Supervisors will make room assignments and any damages will be assessed to those in that room.

Each school's coach will be responsible for supervising their student athlete before, during, and after the meet. This includes curfew and bed checks as well as making sure the student athletes are aware of bus departures, etc.

Accommodations: Ramada Inn
 Route 79 and Triphammer Road
 Ithaca, New York
 607 – 257 - 3100

Boys' Tentative Itinerary

Friday, March 2, 2012

8:30 AM	Leave from LIE exit 63 (no radios permitted)	Park & Ride (North side of 495) Behind Applebee's - McDonald's
9:00 AM	Leave from LIE exit 53 (no radios permitted)	Wicks Road Park & Ride
1:00 PM	Stop for lunch	Exit 6 on Route 81 North
3:00 PM	Arrive at hotel	
5:30 PM	Leave for practice at Barton Hall (Cornell)	
7:30 PM	Leave Barton Hall - Dinner	
10:00 PM	Bed check (no one will be permitted to leave their room after 10:00 PM)	

Saturday, March 3, 2012

10:00 PM	Breakfast - Lunch
12:00 PM	Leave for Cornell Indoor Facility (Barton Hall)
2:00 PM	Opening Ceremony
7:00 PM	Leave Cornell University
8:00 PM	Stop for Dinner
1:00 AM	Arrive at exit 53 (call parents once you are on Long Island Expressway)
1:15 AM	Arrive at exit 63

Congratulations and best of luck at the New York State Championships.

Tony Toro (Track Chairman)