

Tom Knipfing Memorial Cross Country Invitational
Formerly the PAL XC Meet
Sponsored by the Shoreham-Wading River XC Teams
Saturday October 1, 2011
Firemen's Field, Ridge NY

3:30 Girls Freshman (1.7) miles
3:50 Boys Freshman (1.7) miles
4:15 Girls A 5000m
4:50 Boys A 5000m
5:20 Girls B, C 5000m
5:55 Boys B, C 5000m

Awards: Tee Shirts to all finishers,
Medals to the top 25 in each race
Team Awards to the top 6 in each race.

Course: Flat and fast. 60% pavement, 40% grass.

Fee: \$120 per team (Boys and Girls are separate teams)
Or \$20 per individual.

Each school attending will be billed for an Officials fee by Section XI. This will be approximately be 5 Officials split amongst the usual 20 schools that attend. (estimated at \$30 per school.

Make Checks Payable to **“Wildcat Track Club”**

Mail to Paul Koretzki

SWR Community Programs

250B Route 25A

Shoreham, NY 11786

Notes: All members of your team run together in each race.
Your roster is your team. Contact Paul Koretzki at pkoretzki@aol.com with questions.

Directions: Firemen's Field is a Town of Brookhaven park located on Route 25 in Ridge. It is approximately one mile east of William Floyd Parkway on your left hand side. From the East it is approximately one mile west of Calverton National Cemetery on your right hand side. Please enter the parks main entrance. Bathrooms will be open.

School _____
Boys Coach _____ Tele # _____
Email _____
Girls Coach _____ Tele # _____
Email _____

Boys Team \$120.00 _____
Girls Team \$120.00 _____

If not entering a team
Number of individuals @ \$20.00 _____

Total Owed _____

Checks payable to "Wildcat Track Club"

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SWR Community Programs
250B Route 25A
Shoreham, NY 11786