SUFFOLK COUNTY COACHES ASSOCIATION
CROSS COUNTRY INVITATIONAL
SEPTEMBER 23TH, 2017
SUNKEN MEADOW STATE PARK
KINGS PARK, NEW YORK

MEET DIRECTORS: Vin Ungaro Joe Coffey
VinUngaro@SuffolkXCTF.com Sachem East

ENTRY DEADLINE: POSTMARKED BY: September 15th, 2017
Have entry mailed with PO or Payment
Fill out form (link below) as soon as you decide on attending

MAIL ENTRIES TO: SUFFOLK COUNTY COACHES ASSOCIATION
New Address→ PO BOX 761
SAYVILLE, NY 11782

ONLINE ROSTER ENTRY: TO SPEED UP SCORING AND RESULTS, YOU MUST SUBMIT YOUR
ONLINE ROSTERS ARE DUE BY MIDNIGHT, SEPTEMBER 15TH, 2017.

PLEASE FILL OUT THE FOLLOWING FORM SO I KNOW WHAT SCHOOLS INTEND TO COMPETE:
Google Form for Entry into Suffolk Coaches Invitational

- SANCTIONING WILL BE NYSPHHSAA, CHSAA, PSAL, NYSAIS
- ONLINE TEAM ROSTER REGISTRATION REQUIRED. INSTRUCTIONS ONLINE.
- IF YOU MUST GET A PURCHASE ORDER FROM YOUR BUSINESS OFFICE,
  PLEASE SEND IN AN ENTRY AND THEN MAIL A SECOND WITH PAYMENT AS
  SOON AS POSSIBLE. FAILURE TO MEET DEADLINES WILL RESULT IN YOUR
  TEAM NOT BEING SEEDED PROPERLY OR ENTERED IN THE MEET.
- A SCHOOL MAY ENTER ONLY ONE VARSITY TEAM.
- AWARDS: VARSITY - EACH RACE TEE-SHIRTS TOP 15 & MEDALS TO TOP 30.
  TEAM AWARD AND CHAMPIONSHIP TEES FOR 1ST PLACE.
  NON-VARSITY RACES- TEE SHIRTS TO TOP 10 & MEDALS TO TOP 25.
  AWARD FOR BEST TIME OF THE DAY (BOY AND GIRL)
- COMMEMORATIVE LONG-SLEEVED T-SHIRTS WILL BE ON SALE.

RACE SCHEDULE: (MEET DIRECTOR CAN ADD OR ELIMINATE RACES BASED ON ENTRIES)

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
<th>Gender</th>
<th>Race</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30</td>
<td>JIM GILHOOLEY</td>
<td>Girls</td>
<td>Frosh</td>
<td>1.5 Miles</td>
</tr>
<tr>
<td>9:45</td>
<td>BILL SHELLEY</td>
<td>Girls</td>
<td>Frosh</td>
<td>1.5 Miles</td>
</tr>
<tr>
<td>10:00</td>
<td>VINNY ABRAMS</td>
<td>Boys</td>
<td>Frosh</td>
<td>1.5 Miles</td>
</tr>
<tr>
<td>10:15</td>
<td>TOM PUTNAM</td>
<td>Boys</td>
<td>Frosh</td>
<td>1.5 Miles</td>
</tr>
<tr>
<td>10:30</td>
<td>FRANK LA BIANCA</td>
<td>Girls</td>
<td>Sophomore</td>
<td>5000M</td>
</tr>
<tr>
<td>10:55</td>
<td>HARRY SCHNEDER</td>
<td>Boys</td>
<td>Sophomore</td>
<td>5000M</td>
</tr>
<tr>
<td>11:20</td>
<td>LARRY HOEFFNER</td>
<td>Girls</td>
<td>Varsity</td>
<td>5000M</td>
</tr>
<tr>
<td>11:45</td>
<td>MARVIN GOLDBERG</td>
<td>Girls</td>
<td>Varsity</td>
<td>5000M</td>
</tr>
<tr>
<td>12:10</td>
<td>FRANK BENJAMIN</td>
<td>Boys</td>
<td>Varsity</td>
<td>5000M</td>
</tr>
<tr>
<td>12:35</td>
<td>BILL GERHARDT</td>
<td>Boys</td>
<td>Varsity</td>
<td>5000M</td>
</tr>
<tr>
<td>1:00</td>
<td>CYNTHIA QUINN</td>
<td>Girls</td>
<td>Junior Varsity</td>
<td>5000M</td>
</tr>
<tr>
<td>1:25</td>
<td>KURT PASLER</td>
<td>Boys</td>
<td>Junior Varsity</td>
<td>5000M</td>
</tr>
</tbody>
</table>

Reminder that all rosters are due by September 15th, 2017
www.just-in-time-racing.com
SUFFOLK COACHES ENTRY FORM
SEPTEMBER 23rd, 2017    SUNKEN MEADOW STATE PARK,    KINGS PARK, NY

SCHOOL:_________________________    BOYS    OR    GIRLS
CIRCLE ONLY ONE - USE SEPARATE ENTRY FOR EACH

COACH: ________________________________
E-MAIL & CELL PHONE:_______________________________
AD Name & PHONE:___________________________________

INDICATE THE NUMBER OF TEAMS IN EACH CATEGORY:
(A SCHOOL MAY PARTICIPATE IN ONLY ONE VARSITY RACE AND NO SCHOOL MAY ENTER A JUNIOR
VARSIY TEAM UNLESS THEY HAVE ENTERED A TEAM IN THE VARSITY DIVISION.)
7 ATHLETES MAKE UP A VARSITY TEAM, ALL OTHER RACES HAVE
UNLIMITED NUMBERS

VARSITY:    JV:    SOPH:    FROSH:
TOTAL TEAMS:  @  $50.00
(1)$_______________

INDICATE THE NUMBER OF INDIVIDUALS IN EACH CATEGORY:
ONLY ENTER INDIVIDUALS IF YOU DO NOT HAVE A “TEAM” ENTERED IN AN ABOVE CATEGORY.

JV:    SOPH:    FROSH:
TOTAL INDIVIDUALS:  @  $10.00 =  (2)$_______________

For schools outside of Suffolk County  -  $35.00
(New York State Parks Fee For Bus Entry Permit)
(Suffolk Schools Are Charged Through Section XI- Enter $0)

For schools outside of Suffolk County  -  $25.00
Official Fees must be included.
(Suffolk Schools Are Charged Through Section XI- Enter $0)

For Suffolk County Schools:  Association Dues ($50.00)
(5)$_______________

TOTAL FEE (Sum of lines 1-5):  $____________

THIS IS AN ENTRY FEE, NOT A PARTICIPATION FEE!

MAIL ENTRIES TO:    SUFFOLK COUNTY COACHES ASSOC. INC
                      PO BOX 761
                      SAYVILLE, NY 11782

CHECKS PAYABLE TO    SUFFOLK COUNTY COACHES ASSOCIATION, INC.
                      Tax ID # - 11-2843457